



FORM CAFE

COFFEE, FOOD + SMOOTHIES
178/ 36 KEY LARGO DRIVE, CLARKSON
044 999 8010

BREAKFAST BOWL

GREEK YOGHURT + MIXED BERRIES*^	\$5
OVERNIGHT SOAKED OATS W/ ALMOND MILK**	\$5.5
GREEK YOGHURT, FRUIT + LUPIN GRANOLA*^	\$5.5
WARM OATMEAL, HONEY + BLUEBERRIES*	\$5.5

extras alternate milk 50c, extra fruit or granola 50

SMOOTHIE BOWL

MANGO TANGO MANGO + BANANA SMOOTHIE W/ FRESH BANANA, STRAWBERRY + COCONUT	\$7.5
CHOC BEETROOT CHOC BEETROOT + BANANA W/ GRANOLA, STRAWBERRY + HONEY	\$7.5
MATCHA CRUNCH MATCHA AND COCONUT SMOOTHIE W/ COCONUT FLAKES, STRAWBERRY, WALNUTS + CHIA	\$8



LOADED TOAST

ENERGISER PEANUT BUTTER, BANANA, COCONUT FLAKES + DRIZZLED HONEY**	\$6
BERRY DELIGHT RICOTTA, BERRIES + DRIZZLED HONEY*	\$6
MEDITERRANEAN HOMOUMUS, CHERRY TOMATO + WALNUTS**	\$6
TURKEY MAYO , CARAMELISED ONION, SPINACH, CHERRY TOMATO + SHAVED TURKEY	\$6.5

OMELETTE[^]

PLAIN JUST 3 LIGHT AND FLUFFY EGGS* (only 220 calories)	\$8
VEGETARIAN CHERRY TOMATO + DICED CAPSICUM*	\$9.5
SPICY SIRACHA CAPSICUM + SIRACHA TOPPED WITH HUMMUS AND WALNUTS*	\$9.5
BACON + CHEESE BACON, CHEDAR CHEESE + CHERRY TOMATO	\$10
LEAN + MEAN RICOTTA, TOMATO, CAPSICUM TOPPED WITH SHAVED TURKEY	\$12

extras tomato, bacon, cheese, capsicum 50c

TOASTIE

made to order on a gourmet potato + parmesan bread

THE USUAL SUSPECT CHEESE + TOMATO*	\$5
APPLE + BRIE HOMOUMUS, BRIE, THINLY SLICED APPLE + CARAMELISED ONION*	\$5.5
LENTIL REVOLUTION LENTIL PATTIE W/ SPINACH, CHEESE+ TOMATO RELISH*	\$6.5
HTC HAM, CHEESE + TOMATO W/ TOMATO RELISH	\$5.5
TURKEY + BRIE SHAVED TURKEY, BRIE, CRANBERRY, CARAMELISED ONION + WALNUTS	\$6
SPICY BIRD PERI PERI CHICKEN, SPINACH, MAYO + CHEES	\$6

* VEGETARIAN **VEGAN/ VEGAN OPTION ^HIGH PROTEIN, LOW CARBS



SALAD + DINNER BOX

CHECK OUR DISPLAY CABINET OR ASK OUR STAFF ABOUT MADE TO ORDER

STARTING FROM

\$8



MILK & COFFEE

CAFFEINE

ESPRESSO

starting from \$3.5

FLAT WHITE

LATTE

CAPPUCCINO

LONG MAC

SHORT MAC

MOCHA

ICED LATTE

ICED MOCHA

NOT COFFEE

HOT CHOCOLATE

indulge with our hot chocolate sauce blended with milk

CHAI LATTE

well balanced blend of spiced chai tea, infused with cinnamon and hint of vanilla

CHOC BEETROOT LATTE

earthy beetroot with hint of ginger and sweetened with cocoa. Add a shot of coffee for an extra kick

MATCHA LATTE

fresh powdered green tea mix - try it with coconut milk for a creamy blend

TUMERIC LATTE

healing anti inflammatory blend of turmeric, sweetened with coconut sugar

TEA

english breakfast, green sencha or pure peppermint served with milk

extras alternate milk 50c - extra shot 50c - flavoured syrup 50c

JUICE & SMOOTHIES

SMOOTHIES

NUTTY NANA

banana, peanut butter, cocoa, honey + milk

\$4.5

TROPICAL FUSION

raspberry, mango, pineapple, coconut water

\$4.5

BERRY GOODNESS

mixed berries, blueberries, banana, oats, + yoghurt

\$4.5

GREENA COLADA

*spinach, mint, pineapple, chia seeds, coconut +
coconut water*

\$4.5

MONKEY MADNESS

banana, yoghurt, shot of vanilla and milk

\$4.5

kids size

\$2.7

JUICES

MAKE ME HAPPY

strawberries, apples + carrots

\$4.5

CARWASH

apples, cucumber, celery, lemon + ginger

\$4.5

APPLE MANIAC

apples, apples, apples

\$4.5

RED HEAD

carrot, apple, ginger, mint

\$4.5

